

love



energy



safety



compassion



2021-2022 ANNUAL REPORT

lesc[®]
Resilient Recovery



MISSION

Our Mission is to meet the special and changing needs of New Yorkers experiencing critical life challenges with substance use disorder, mental illness, and associated homelessness, with a person-centered, strengths-based and trauma-responsive approach to care. Using a wide-ranging network of health and human services, we support their wellbeing and empower them to make healthy life choices.

VISION

Our Vision is to help New Yorkers at risk to fully benefit from the social and economic life in their communities. We aspire to provide unsurpassed integrated, person-centered and trauma-responsive behavioral health and social services to transform lives, especially those impacted by substance use disorder, mental illness and homelessness. It is our dream to serve with the passion and professionalism that generates enduring outcomes, rewarding recovery and lasting hope.

VALUES

- We are committed to ensuring recovery and wellbeing
- We harness the power of resilience
- We respect every person we serve
- We recognize health disparity and trauma in the community we serve
- We believe each person to be inherently good

Thriving in the Face of Change

Resilience and Recovery Working Together

The past few years, LESC has faced significant challenges and daunting times, both internally and externally. Supply chain costs, staff shortages, wage increases, and the ways our clients seek care have changed. Historically, our system relied on in-person volume but some of this is never coming back. All of these have impacted our revenue and cost challenges. Notwithstanding these obstacles, we continue to stay true to our mission and core values, with a focus on care quality and how we effectively help and support the communities we serve. We strive daily to improve patients' experiences and health outcomes through resilient recovery.

As we identify and address the most pressing challenges of the populations we serve, we are able to expand our impact. We have seen firsthand how resilient recovery promotes overall wellness, so we're proud to offer a holistic array of services all under one umbrella. We work hard to equip clients through Medication for Opioid Use Disorder (MOUD), counseling, peer support, education, vocational training, supportive housing, transitional housing, transitional safety units, and energized community engagement. Most importantly, our clients set the pace and define success for their long-term recovery. In a number of cases, these clients later give back to our own LESC community, contributing advocacy, outreach, and service. That's the difference between simply surviving and thriving.

Resilience is what inspires our clients to persevere and keep trying, one day at a time. That same resilience is what empowers our staff to continue to go above and beyond for our clients, day after day. Recovery is only possible with the right support and necessary skills to overcome challenges. At LESC, we take recovery seriously. We strive to equip clients to handle life moving forward, and we provide personalized care in a supportive environment clients can call home.

We're proud to offer a personalized level of family-oriented care, focused education, and the active support our clients need for resilient recovery at LESC. We're also proud of how our new brand reflects the same passion and dedication we have demonstrated through our loyal staff and comprehensive programs and services for more than 60 years.



Thanks to our dedicated staff, members of the Board of Trustees, stakeholders, and donors for their continued contribution and support.

A handwritten signature in black ink that reads "Valerie" followed by a horizontal line.

VALERIE WALTERS, MBA
President & Chief Executive Officer

“We have seen firsthand how resilient recovery promotes overall wellness.”

- VALERIE -



From Adversity to Resilience: Navigating Challenges and Inspiring Progress at LESC

In response to the pandemic, LESC made significant changes in programs such as Dual Recovery Services and the Continuing Day Treatment. By transitioning these programs to telehealth services, we were able to adhere to safety protocols, and provide essential care and support, safeguarding the wellbeing of our clients during this critical time. At LESC Su Casa, specific dormitory areas were designated for quarantine and isolation, effectively minimizing the spread of COVID-19 within our facilities and prioritizing the health and safety of our residents.

LESC Opioid Recovery Services (ORS) programs provided additional take-home methadone medication to eligible clients. This measure ensured the continuity of care while minimizing travel and potential COVID exposure risks. Through our participation in the Medication Delivery System (MDS) in collaboration with OASAS and the Department of Health, LESC facilitated the delivery of medication for opioid use disorder, ensuring individuals who were ill or faced other barriers still received the necessary care and treatment.

Life-Saving Efforts to Address the Rise of Fentanyl

In response to the alarming increase in fentanyl-related overdoses, LESC implemented proactive measures to educate and protect our clients. We provide naloxone kits, train staff and clients on their use, and distribute them through all programs. LESC implemented harm-reduction approaches that included educating individuals on the use of fentanyl test strips.

Supporting Individualized Recovery: Improved Tapering Follow Up

At LESC's Su Casa residential treatment programs, we understand that everyone's recovery journey is unique. To better serve our clients' needs, we improved the monitoring process for those who prefer to taper from Medication for Opioid Use Disorder (MOUD) during their residential treatment. Our blind taper program offers an individualized approach, with incremental dose reductions and extended tapering periods as needed. We aim to provide a more personalized follow-up process while offering clients the choice to continue with MOUD if they wish.

Empowering Transitions: Housing Assistance for Clients

Our commitment extends beyond treatment to support our clients in obtaining safe and secure housing. We provide resources and assistance to help them successfully transition to independent living, fostering long-term stability and overall wellbeing.

“We aim to provide a more personalized follow-up process.”

- LOLITA -



A handwritten signature in black ink that reads "Lolita Silva-Vazquez".

LOLITA SILVA-VAZQUEZ
VP, Chief Program Officer

Resilient Recovery Starts Here

A history of care for a community in need.

For more than 63 years, LESC has remained focused on its core mission which is to meet the special and changing needs of New Yorkers experiencing critical life problems with substance use disorder, mental illness, and associated homelessness. A report published by SAMHSA on January 4, 2023, revealed that 16.5% of the US population met the DSM-5 criteria for having a substance use disorder. It is further stated that 94% of people 12 years of age or older with a substance use disorder did not receive any treatment. That means most people struggling with a substance use disorder who did not get treatment at a specialty facility did not think they needed treatment.

The need for integrative care is growing.

At LESC, it is our goal to help reduce that 16.5% number by offering much-needed support to all those who come through our doors. We are aware that substance use disorder and mental health challenges frequently go beyond just a medical condition and can affect one's ability to get or maintain a job thus leading to homelessness. Depending on individual client needs, we offer integrative services at our LESC Su Casa Residential Treatment Facility or one of our three LESC Outpatient Clinics. Research has shown that clients graduating from residential programs are often faced with homelessness. To effectively address homelessness among clients afflicted with SUD, LESC also offers Supportive Housing in five unique LESC housing programs for families and individuals. Clients are able to stay temporarily until they can maintain an apartment of their own.

Supporting important shifts in care.

The COVID-19 pandemic taught us the need to be flexible and adaptable. At LESC, we continue to embrace the science and the advancement of various medications, while understanding that addiction requires individualized care. While the last three years have had its challenges – from staff and supply chain shortages to therapeutic telehealth integration – our team has consistently proven to be equipped to handle whatever comes their way. Now, we are using telehealth as an essential aspect of the delivery system, something that was unheard of in the behavioral healthcare field prior to the pandemic.

Hope for resilient recovery.

The past year has demonstrated that there is still much work to be done to help combat the disease of substance use disorder, and address mental health and social issues such as homelessness. Rest assured that at LESC, we're doing our part to support resilient recovery and restore a sense of hope within our community.



CARGIL BERNARD
VP, Chief Financial Officer

“We’re doing our part to support resilient recovery and restore a sense of hope within our community.”

- CARGIL -

Stories of Inspiration *Michael*

Today, I inspire and support others in recovery.

I didn't have the imagination of a better life until I got to Su Casa. Su Casa gave me an imagination by seeing other people's lives get better. Su Casa set out something called an itinerary. Itineraries make you plan your next week. I still use that same itinerary basis in my life today. I lost my mother on Thanksgiving of this past year. She was my best friend, and she understood the disease. At the time, I was only three weeks drug free off of methadone. Su Casa allowed me the opportunity to grieve at my pace. I didn't have to worry about where my next meal was. I didn't have to worry about where I was going to sleep. I didn't have to worry about going to get high. Because LESC Su Casa is a safe haven. I changed my perspective on the way I look at death today because of Su Casa. I don't grieve my mother. I celebrate her. And I celebrate her by the way I live my life today.

Su Casa told me that I don't need to be given recovery, it's already inside of me. Don't misunderstand, I did not want to wake up and be in Su Casa every day. I didn't want to do the things they told me to do. But that's what recovery is sometimes. It gave me the opportunity to understand things like grit. Grit comes from choosing to do things you don't want to do. I didn't want to steal from my family. I didn't want to

break their hearts. I used that same grit in a different perspective – toward my recovery. I remember the old days when my first drug dealer didn't pick up, I kept calling and calling till I got one. Today I use motivation and determination to do the next right thing. Su Casa also gave me the opportunity to find out what motivation is. Discipline first leads to good habits. Good habits lead to consistency. Consistency leads to progress. Progress leads to happiness. That's when you get motivated.

Su Casa also gave me the opportunity stop and be still. Sometimes you need to stop in order to move forward. One of the reasons why I got led to drugs is because we're

products of our environment. I came from a family of addicts. Today, I'm a product of Su Casa, right? Su Casa gave me the opportunity to find myself, establish my identity, and change how I treat people – especially how I treat myself.

While living in Su Casa, I created a nonprofit that's now worldwide – Inspired to Inspire. I believe true greatness is when you can inspire one life to inspire another one to inspire another one. You want to live forever? That's how you live forever. I also created a clothing line while living in Su Casa and partnered to launch the Sober app. Our pain needs to be turned into action. Su Casa has allowed me to turn my story into a message!



“Su Casa gave me the opportunity to find myself, establish my identity, and change how I treat people – especially how I treat myself.”

- MICHAEL -

Stories of Inspiration *Harmony*

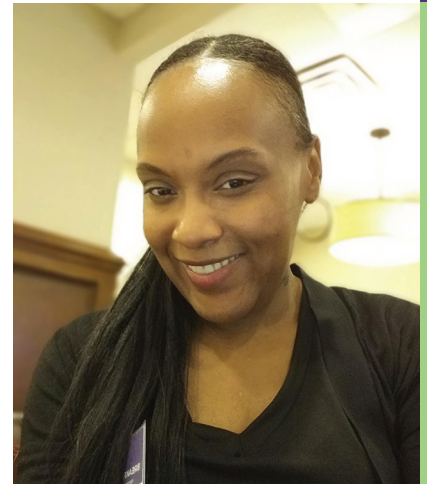
I have found a better perspective and a much better life.

I came into the LESC homeless, pregnant, and on methadone. I was living on a roof in the wintertime, snow up to my ankles. I was grateful to have a place to live, but I knew it would be difficult dealing with different women ... different personalities. One of my goals was to complete the LESC Pregnant Women and Infants program. I ended up staying over a year. I started feeling better about myself and I knew I needed to be around people who were doing the right things. I didn't have any friends. All my old friends were still out there doing drugs. I got involved with the Needle Exchange Program – for people on heroin and other injectable drugs. It really helped me keep a better perspective. Because if nothing changes, nothing changes. I got to see that every day. And it made me feel good to be able to help and give back to other people.

“Through it all, the staff at LESC Su Casa has been there for me.”

- HARMONY -

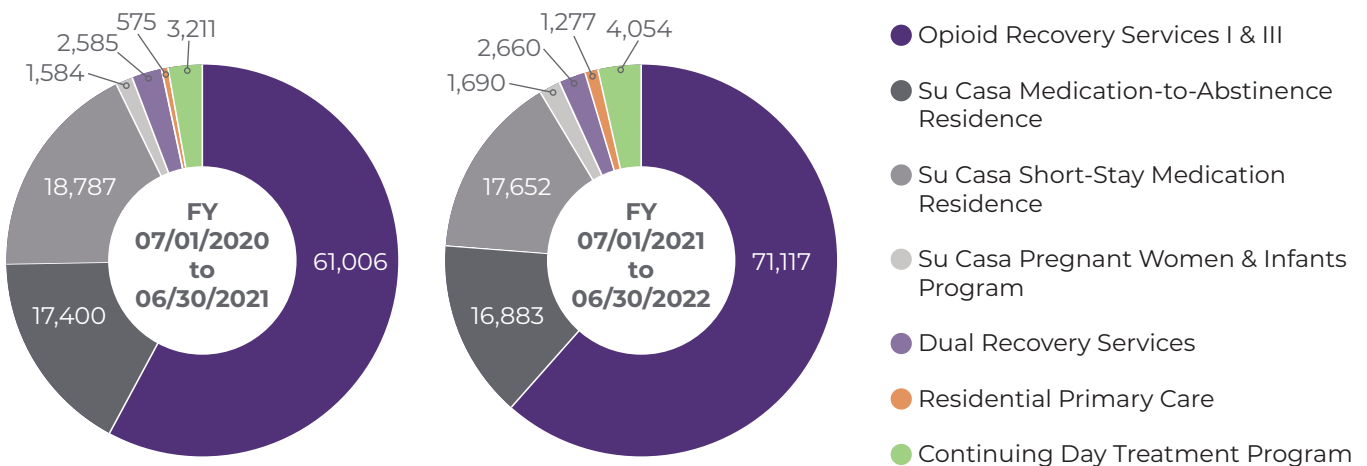
From there I went to a family shelter where I stayed for eight months. Then, I was able to find an apartment where I stayed for a year. I had another son and I've moved to a bigger place. I have my good days and bad days. It's life on life's terms. And I've realized it's alright to ask for help. Through it all, the staff at LESC Su Casa has been there for me.



What We Do

Programs and Supportive Housing	Description
LESC Outpatient Opioid Recovery Services (ORS) - Medication for Opioid Use	Outpatient medication assisted treatment program.
LESC Dual Recovery Services (DRS) Integrated Substance Use Treatment & Mild Mental Health Services	Outpatient treatment that addresses both substance use disorder and mild mental health issues for clients, families, significant others, and household members.
LESC Continuing Day Treatment Program (CDT) - Services in Cantonese	A professional, structured refuge for Cantonese-speaking clients who struggle with mental and emotional illnesses.
LESC Su Casa Medication-to-Abstinence Residence	18-24 month program designed to help adults with sustained histories of substance use disorder taper to abstinence.
LESC Su Casa Short-Stay Medication Residence	6-9 month medication assisted treatment program in a supportive residential environment.
LESC Su Casa Pregnant Women & Infants Program	6-9 month residential program focused on helping expectant mothers with substance use disorder.
LESC Residential Primary Care	Addresses full range of physical health needs for our residential clients, including prevention, immunizations, treatment of acute illness and injuries, and chronic disease management.
LESC HIV and Hepatitis C Education, Testing & Counseling and Referral Services	Residential and Outpatient programs to raise awareness of HIV and Hepatitis and educate individuals on risk behavior and options.
LESC Education (GED), Job Training and Placement Assistance	Vocational programs designed to help clients obtain employment.
LESC Supportive Housing	<ul style="list-style-type: none"> · LESC Individual & Family Supportive Housing · LESC Scattersite Housing · LESC Transitional Safety Housing · LESC Transitional Housing

LESC Episodes of Care



Who We Serve

1,180 Individuals Served

Outpatient

77%

Residential

23%

RACE % of Clients

Alaskan Native	0.2 %
American Indian	0.1 %
Asian or Pacific Islander	5.0 %
Black or African American	12.8 %
Hispanic Origin	46.6 %
White	35.1 %

AGE % of Clients

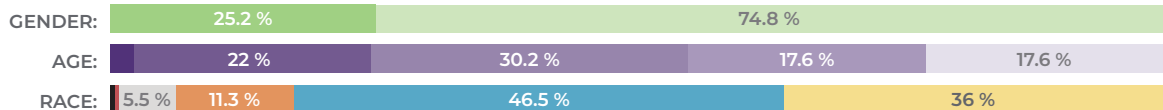
19-25	3.1 %
26-35	21.3 %
36-45	27.5 %
46-55	29.1 %
56+	19.0 %

GENDER % of Clients

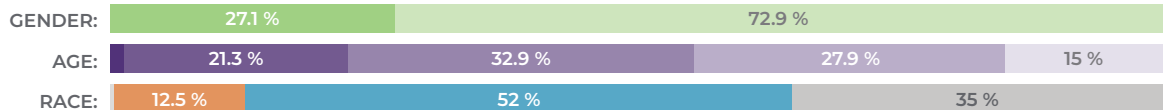
Male	73.5 %
Female	26.5 %

Demographics by Program

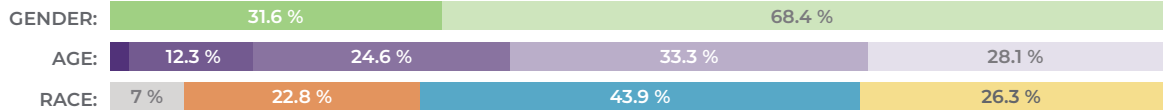
LESC Opioid Recovery Services (ORS) I



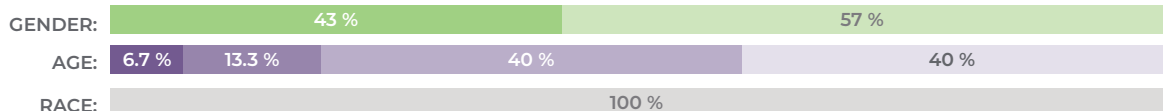
LESC Opioid Recovery Services (ORS) III



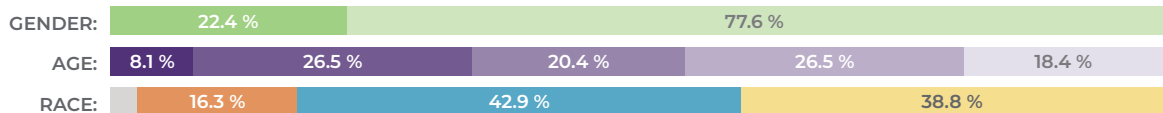
LESC Dual Recovery Services (DRS)



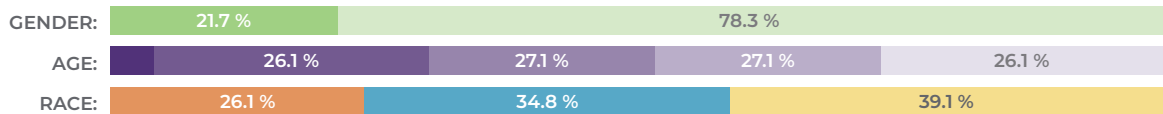
LESC Continuing Day Treatment Program (CDT)



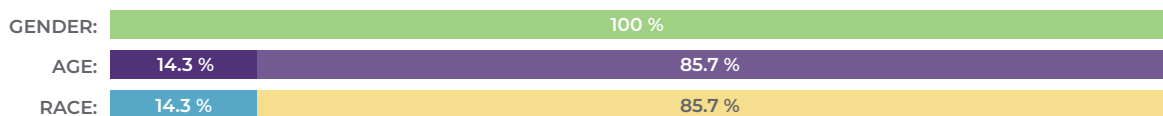
LESC Su Casa Medication-to-Abstinence Residence



LESC Su Casa Short-Stay Medication Residence



LESC Su Casa Pregnant Women & Infants Program



LESC Supportive Housing



Client Outcomes

What types of services are provided?

Assessments, individual counseling, group counseling, family counseling, psychiatric services, medication administration, care coordination, physical health services, peer support services, early intervention services for HIV and Hepatitis C, vocational services, assistance with housing, assistance with obtaining insurance coverage

What are the Evidence-Based Practices?

Motivational Interviewing, Cognitive Behavioral Therapy, Medications for Opioid Use Disorder, Alcohol Use Disorder, Tobacco Use Disorder and mental illness, Psychoeducation, Trauma-Informed Care, Relapse Prevention, Solution-Focused Therapy, Harm Reduction

RESIDENTIAL

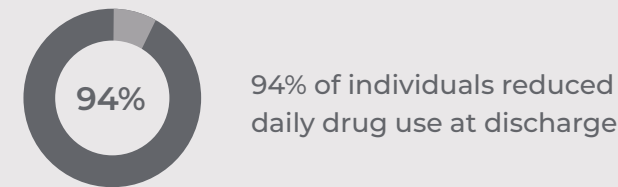
28,325 Residential Treatment services provided

55% of clients were homeless upon admission

Primary Substance Used

Upon Admission to Treatment Program

MTAR, SSMR, PWIP



OUTPATIENT

28,032 Outpatient Treatment services provided

10% of clients were homeless upon admission

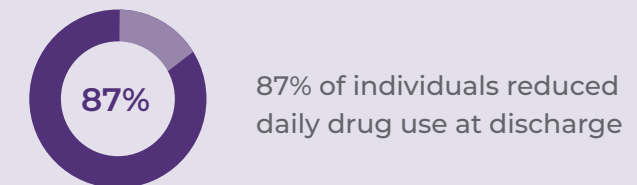
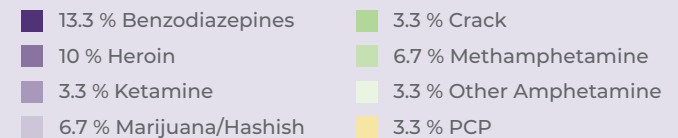
Primary Substance Used

Upon Admission to Treatment Program

ORS I & ORS III



DRS



VOCATIONAL TRAINING

■ Residential ■ Outpatient

141 clients obtained employment.



84 clients participated in educational services.



97 clients participated in job training.



CONTINUING DAY TREATMENT

0% of individuals receiving mental health treatment in the CDT program **were hospitalized for mental illness.**

Stories of Inspiration *Mike*

LESC Pencer House saved my life.

I spent 15 years on the streets drinking, drugging, living in cardboard boxes, going from shelter to shelter. The most serious part is that I left my life, I left my four kids, I left my home. Drugs, alcohol, and every other thing you could think about on the streets kept me on the streets. Then, I was diagnosed with one of the most significant diseases there was at that time. That's when my therapist referred me to LESG's Pencer House – supportive housing for people with compromised immune systems, substance use disorders, and mental health conditions. I've never imagined a facility like that existed – with case management, drug counselors, vocational counselors, and AA. I took advantage of all of it, but I was still drugging and going back to rehab every few months.

I finally got sick and tired of being sick and tired. That's when I began to focus on my recovery and got involved in activities in my building. In fact, I even organized the tenant association in the building. My case managers plugged me into the Arrive Program and UCS vocational training where I earned my certificate in maintenance. During this time, I was diagnosed with a skin

condition called Vitiligo. My skin went from dark to white. I had to educate my tenants and let them know it wasn't a contagious condition. They gave me support and embraced me. I'm so thankful I was not in apartment housing where I would experience stigma because I still got stigmatized in the street.

Then, at 21 years old, my son passed away. It was traumatic. Again, the LESG staff supported me. My therapist had me in counseling twice a week. I thank God for such a safe supportive environment. Then when my eldest passed away from cancer, I went back out. But the LESG staff had my back. They told me I had come too far

to get caught up in substance use again. They supported me like I've never seen before. If I was at some other program, trust me, I probably would have committed suicide because, it was just too much. LESG isn't just supportive housing, it's life support for me.



“LESC isn’t just supportive housing, it’s life support for me.”

- MIKE -

2021-2022 Highlights

VISIT FROM WHITE HOUSE OFFICIALS

White House officials visit LESC as part of the Biden Administration's Unity Agenda to beat the opioid and overdose epidemic and support evidence-based treatment and a continuum of care.



Visit from **Director of US Office of National Drug Control Policy Dr. Rahul Gupta** and **US Secretary of Labor Marty Walsh**

2022 FUNDRAISING BREAKFAST

Hope and healing were on the menu at the LESC Fundraising Breakfast where former clients shared personal stories about the lifesaving and transformative power of substance use recovery.



Thank You, Donors!

DoubleHaul Digital
Jennifer Houser

Spruce S3
Ari Stein

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CRESA
Robert Sattler

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Precise Management
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LESC EXECUTIVE TEAM



Valerie Walters
President &
Chief Executive Officer



Cargil Bernard
VP, Chief Financial Officer



Lolita Silva-Vazquez
VP, Chief Program Officer



Jacqueline Vargas
VP, Human Resources

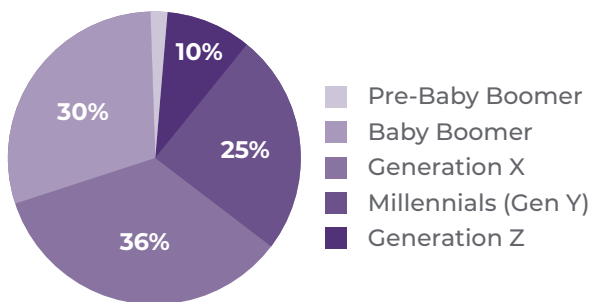


Gail Reid
VP, Corporate Compliance
Officer

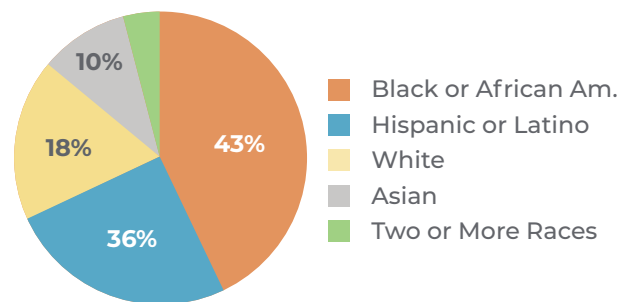
Our Staff

We are proud to support diversity in our workforce. At LES C, diversity in our staff plays a vital role in creating an inclusive and welcoming environment.

Age / Generation



Race



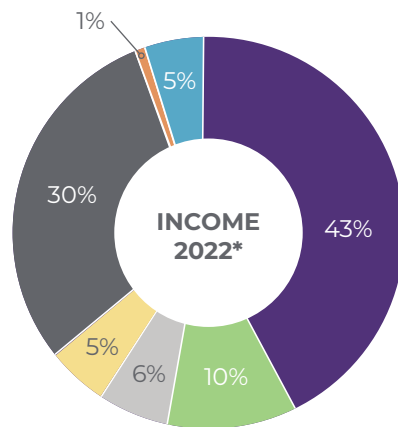
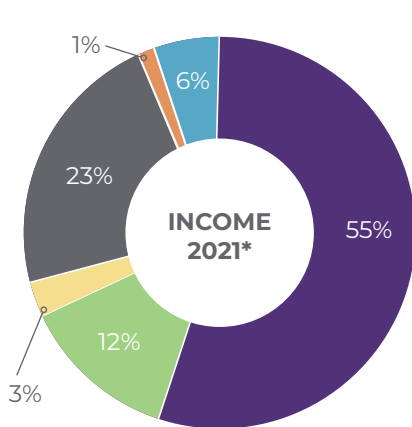
Balance Sheet

ASSETS	2022	2021
CURRENT ASSETS		
Cash	\$ 611,144.00	\$ 1,638,900.00
Accounts Receivable	2,713,031.00	1,524,478.00
Cash — Resident Funds	344,468.00	277,733.00
Pre-Paid Expenses	738,730.00	387,504.00
Total Current Assets	4,407,373.00	3,828,615.00
OTHER ASSETS		
Other Assets	3,255,377.00	3,977,684.00
Total Other Assets	3,255,377.00	3,977,684.00
FIXED ASSETS		
Property and Equipment	10,504,717.00	10,712,257.00
Total Fixed Assets	10,504,717.00	10,712,257.00
TOTAL ASSETS	\$ 18,167,467.00	\$ 18,518,556.00
LIABILITIES AND NET ASSETS	2022	2021
Accounts Payable & Accrued Expenses	\$ 1,139,913.00	\$ 868,277.00
Accrued Payroll and Related Expenses	4,161,169.00	3,958,667.00
Line of Credit	960,862.00	610,982.00
Deferred Revenue	90,606.00	90,606.00
Residents Funds Held (due to funding sources)	344,468.00	277,733.00
Current Portion of Operating Lease Liabilities	721,012.00	734,896.00
Current Portion of Mortgage Payable		106,400.00
Total Current Liabilities	\$ 7,418,030.00	\$ 6,647,561.00
NONCURRENT LIABILITES	2022	2021
Deferred Revenue	\$ 2,101,140.00	\$ 2,010,091.00
Operating Lease Liabilites	2,525,232.00	3,296,736.00
Mortgages Payable		5,550.00
Paycheck Protection Program		2,000,000.00
Total Noncurrent Liabilities	4,626,372.00	7,312,377.00
TOTAL LIABILITIES	12,044,402.00	13,959,938.00
NET ASSETS	6,123,065.00	4,558,618.00
TOTAL LIABILITIES AND NET ASSETS	\$ 18,167,467.00	\$ 18,518,556.00
NET ASSETS	06/30/2022	06/30/2021
Net Assets - July 1	\$ 4,558,618.00	\$ 4,527,116.00
Change in Accounting Principle -ASC842		- 14,695.00
Change in Net Assets	1,564,447.00	46,197.00
Net Assets - Jan 31, 2023 and June 30, 2022	\$ 6,123,065.00	4,558,618.00

Statement of Revenue and Expenses

REVENUE	2022	2021
Patient Service Revenue	\$ 6,058,556.00	\$ 4,309,512.00
Client Fees	210,420.00	223,390.00
Program Fees	965,843.00	1,080,733.00
Government Grants and Contracts	8,477,945.00	10,467,765.00
Contributions	23,328.00	41,863.00
Forgiveness of Debt	2,000,000.00	2,345,989.00
CARES ACT Employee Retention Credit	1,149,209.00	
Other	1,025,217.00	558,873.00
TOTAL REVENUE	\$ 19,910,518.00	\$ 19,028,125.00

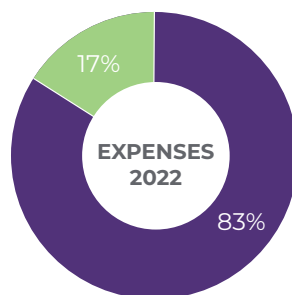
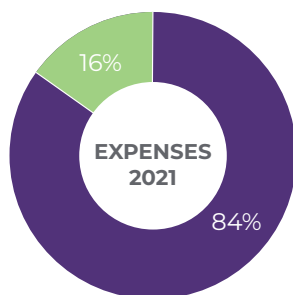
EXPENSES	2022	2021
Program Services	\$ 15,250,001.00	\$ 15,913,823.00
Management & General	3,096,070.00	3,068,105.00
TOTAL EXPENSES	18,346,071.00	18,981,928.00
CHANGE IN NET ASSETS	\$ 1,564,447.00	\$ 46,197.00



LESC Income

- Government Grants and Contracts
- Forgiveness of Debt
- CARES ACT Employee Retention Tax Credit
- Other
- Patient Service Revenue
- Client Fees
- Program Fees

*Contributions <1% both years.



LESC Expenses

- Program Services
- Management and General



LESC Locations

- 1 LESC Headquarters**
80 Maiden Lane
3rd Floor, Suite #305
New York, NY 10038
- 2 Opioid Recovery Services
Dual Recovery Services
Continuing Day Treatment Program
HIV Early Intervention Program**
46 East Broadway
New York, NY 10002
- 3 Opioid Recovery Services**
62 East Broadway
New York, NY 10002
- 4 LESC Su Casa**
7 Gouverneur Slip E
New York, NY 10002

LESC Housing Locations

- 5 Pencer House**
630 E 6th St,
New York, NY 10009
- 6 Franklin Avenue Residence**
1341 Franklin Avenue
Bronx, NY 10456
- 7 Diversity Works
Scattersite Housing Office**
1932 Crotona Parkway
Bronx, NY 10460



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80 Maiden Lane
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